



**Cancer care  
for the whole you**

*Walgreens*



## Feel more like you

When you or someone you care for is experiencing changes from cancer treatment, looking and feeling more like yourself can help boost mood and confidence. That's why Walgreens offers the Feel More Like You® service in nearly 3,000 stores at no cost.

### A team approach

At stores offering the Feel More Like You service, pharmacists and beauty consultants have extra training, developed in collaboration with Look Good Feel Better® and the Cancer Support Community®, to better support you. Whether changes are happening on the inside,

outside or both, we can help you find the answers and relief you need.

### Beauty consultant guidance

Visible changes can vary with each person. After hearing your needs, our specially trained beauty consultants at stores offering Feel More Like You can suggest individualized makeup tips and tricks and provide guidance on personal care products that can help you with:

- Hair loss
- Dry skin and skin discolorations
- Sun care protection
- Changes to nails and cuticles



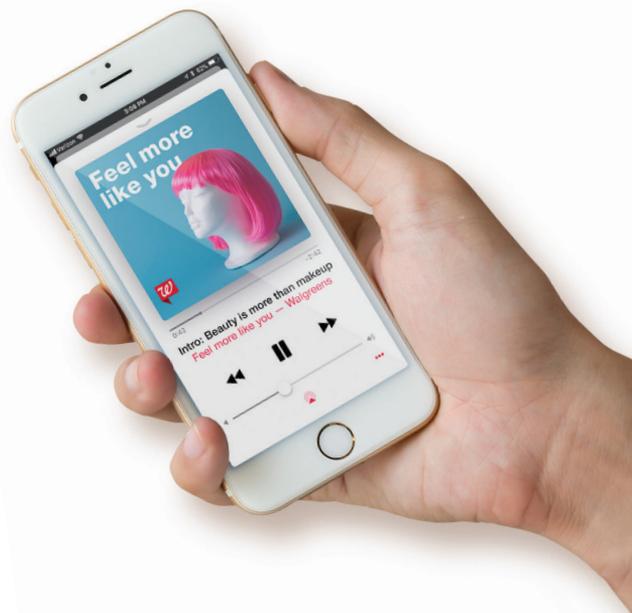
## Pharmacist support

Many side effects aren't visible but can make you feel ill and uncomfortable. Our trained pharmacists at stores offering Feel More Like You® can guide you with tips or over-the-counter products to help relieve symptoms that include:

- Occasional nausea and vomiting
- Skin rash
- Increased fatigue
- Mouth sores and dry mouth

If you or someone you care for would like more information about Feel More Like You, ask a team member or visit [Walgreens.com/FeelMoreLikeYou](https://Walgreens.com/FeelMoreLikeYou). The service is free—no appointment needed.

**To find the nearest Feel More Like You store, visit [Walgreens.com/FeelMoreLikeYou](https://Walgreens.com/FeelMoreLikeYou).**



## Feel more like you podcast now available

This first-of-its-kind podcast from Walgreens explores the real, positive psychological impact to looking and feeling more like your usual self—which goes a long way to helping people heal. The episodes explore a range of topics from skin to wig care, makeup tips and much more.

You'll hear from a panel of beauty, medical and pharmacy experts, as well as women who share their own personal stories about how they have managed the physical and emotional changes caused by cancer treatment.

**Visit [Walgreens.com/Podcasts](https://Walgreens.com/Podcasts) or find the series on:**



## Feel More Like You<sup>®</sup>

was developed in collaboration with:



As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community<sup>®</sup>, including its Gilda's Club affiliates, is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community.

Learn more at [cancersupportcommunity.org](http://cancersupportcommunity.org)



Look Good Feel Better<sup>®</sup>, a global cancer support program, is dedicated to improving the quality of life and self-esteem of people undergoing cancer treatment. The program offers complimentary group, individual and online sessions that teach beauty techniques to help people with cancer to face their diagnosis with greater confidence.

Learn more at [lookgoodfeelbetter.org](http://lookgoodfeelbetter.org)



## More resources to empower you

Living with cancer can make you feel that you've lost control over what's going on around you. Empowering yourself with the right information and support can help you take back some of that control.

Read on to learn more about how we can help you manage side effects, stay on track with medication, afford prescriptions and more.



## Side effect and drug-to-drug interaction management

You may be anxious about the range of side effects caused by some cancer medications. Our pharmacists are trained to know the side effects of medications, and they can help you prepare for and manage them if they happen. They also look for any harmful interactions that may occur between the medications you are taking. If you have any questions, talk to your pharmacist, or you can contact a pharmacy professional at 888-782-8443, Mon.–Fri. 8 am to 10 pm ET.

To get expert tips and tools online to help you manage cancer treatment side effects, visit [Walgreens.com/SideEffectHelp](https://www.walgreens.com/SideEffectHelp).

## Access to hard-to-find medications

Hard-to-find medications can delay your treatment. If your Walgreens doesn't stock your cancer medication, we'll get it from one of our other locations.

## Caregiver assistance

Having someone else help keep track of your medication and pick it up can shorten your to-do list. We make it easier with:

- Family prescription management at [Walgreens.com](https://www.walgreens.com), where you can allow someone else to order and see the status of your prescriptions
- ExpressPay service that lets you enter your credit card information so someone you know can pick up your medication and go

## Making life a bit easier

We understand that your life is more complicated now, so we provide expert assistance with issues like insurance and side effects so you can focus more on your treatment.

### Insurance coordination

Walgreens accepts many plans, including Medicare Part D. The plans may require paperwork before your medication can be filled. Your Walgreens Care Team has experts that can help fill out the paperwork, and they can contact your insurance plan directly if any issues come up.

**We've helped  
connect eligible  
specialty patients  
to more than**

**\$490  
million**

**in financial assistance in 2018\***

## **Patient financial assistance**

On top of everything you have on your mind, paying for your cancer medication can be overwhelming. When you bring your prescriptions to Walgreens, we work to help you find ways to afford your medication.

We understand that if you can't afford your medication, your treatment may be at risk. Our Care Team members know about programs that may help pay for the cost of medication not covered by insurance. They'll assist you by:

- Discussing your financial need
- Identifying programs you may be eligible for†
- Coordinating your application for assistance



## **Our expert team can help you save money**

A patient living with cancer experienced sticker shock over a newly prescribed medication. When the patient learned the cost was \$2,846 a month—even with insurance—it was devastating.

Fortunately, Walgreens was there to help. Care Team member Araceli M. identified a nonprofit foundation that offered funds to help pay for the medication based on the patient's financial need and diagnosis. The copay went from \$2,846 per month to \$10 per month.

Of course, \$2,836 in savings isn't usual. But it is usual to get the kind of attention and support that Araceli gives to patients every day.

“The patient was in tears and very happy to be able to get the [financial] assistance approved and receive the medication on time,” Araceli said. “I really love helping people, and I love how patients get really happy and very thankful for our help.”

\*Jan.–Dec. 2018 combined data across all disease states for Walgreens and AllianceRx Walgreens Prime specialty pharmacy.

†Certain eligibility restrictions determined by the assistance program may apply.

## Local expertise

Walgreens specialized pharmacies offer face-to-face support and convenient access to medication.

While all of our pharmacies provide cancer medication, certain locations have a specialized focus on cancer medication therapy. Many of the pharmacists have additional training and can help answer your cancer medication-related questions.

### You can rely on our specialized pharmacies to:

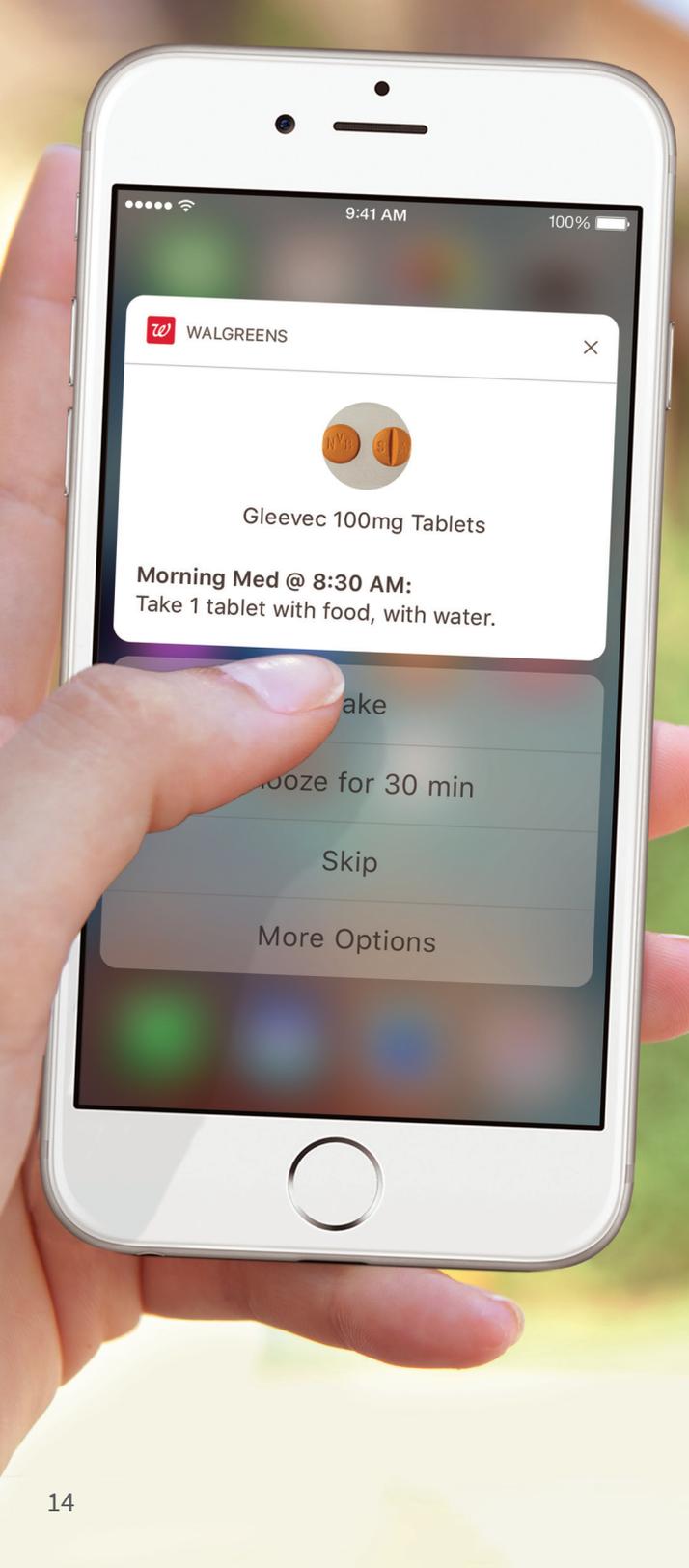
- Make cancer medication easily available to you, including hard-to-find prescriptions that other pharmacies may not have
- Help with insurance coordination and, if needed, to find financial assistance programs

- Contact your care team directly to discuss solutions to bothersome side effects or other medication issues
- Work with you and your care team on ways to help you stay on track with your medication therapy
- Connect you with other helpful resources, such as the Cancer Support Community

### To find the nearest specialized location:

1. Visit [Walgreens.com/FindAStore](https://www.walgreens.com/FindAStore)
2. Click on **Filters**
3. Click on **Specialty Pharmacy**
4. Check the **Cancer Treatment Assistance** box
5. Click **Apply**
6. Select a store from the list





## Staying connected is easier than ever

When you can't get to your local Walgreens, you can conveniently manage your medication, receive reminders and notifications, and get the health information you need on your mobile device or desktop:

- Walgreens App, available on the App Store and Google Play, includes the convenient Pill Reminder and much more. For more information, visit [Walgreens.com/Mobile](https://www.walgreens.com/Mobile).
- When you sign in to your account at [Walgreens.com](https://www.walgreens.com), you have a variety of ways to manage prescriptions, get personalized information and find services to enhance your Walgreens experience. Just set up an account to get started.
- Through [Walgreens.com](https://www.walgreens.com) or the app, you can use the Walgreens Find Care<sup>®</sup> tool that makes it easy to search for and connect to healthcare services and professionals online, over the phone or in person to treat a variety of conditions.
- When you need help with side effects from cancer treatment, visit [Walgreens.com/SideEffectHelp](https://www.walgreens.com/SideEffectHelp). There you can select the side effects you are experiencing to get a variety of expert tips and tools that can help you manage your symptoms.

We're always expanding our online tools, so stay tuned for more features, made just for you.

For specific questions about your medication,  
talk to your local Walgreens pharmacist or call

**888-782-8443**

Mon.–Fri. 8 am to 10 pm ET

For general information, visit

**[Walgreens.com/Cancer](https://www.walgreens.com/Cancer)**

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